

# Catalyst.

## 2023 CATALYST HANDBOOK

*Discover and Embrace Your  
Kingdom Purpose in Jesus  
—Be a Disciple-Maker*

30 JULY –  
12 NOVEMBER

[catalyst.c4d.au](http://catalyst.c4d.au)

centre**4**discipleship



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# WELCOME



Gilbert Cangy  
SPD C4D Director

### Welcome to Catalyst.

We thank you for taking time out of studies, work, and life with considerable sacrifice, to join us on this journey of discovery — the discovery of God's Kingdom purpose for you in Jesus — there is no greater cause, no greater calling, no greater joy.

We welcome our prayerfully selected Disciple-Making teachers from far and near who have come to assist us in transitioning from mere church membership to authentic Discipleship.

You are making history and will be remembered as a pioneer in this new Discipleship adventure which will significantly contribute to the emergence of this Thriving Adventist Disciple-Making Movement that our leaders have been dreaming of.

I can't wait to see you and witness what God is about to do.



Glenn Townend  
SPD President

I am excited about the potential of the new centre to create a thriving disciple-making movement and how it will help us to engage many more people in our core missional activities. It will contribute significantly to fulfilling the great commission that Jesus has given us to go and make disciples within the context of the three angels' messages.

The SPD Centre 4 Discipleship will focus on advancing the mission of the Seventh-day Adventist Church by creating and implementing discipleship pathways for young people, church members and pastors.

The centre will also be a hub for developing, marketing and growing discipleship and evangelism programs; creating networks of disciple-makers, missional leaders and movement-builders.



Kerri-lee Krause  
Vice Chancellor Avondale University

I am delighted to welcome Catalyst participants to Avondale University.

At the heart of Avondale's mission is a commitment to foster a greater vision of world needs and to empower learners of all ages and backgrounds to serve their communities for good.

We are pleased to partner with the South Pacific Division and the Centre 4 Discipleship in this exciting new venture as, together, we explore new ways to serve and lead people to Christ.

Christ-centred education is a powerful catalyst that achieves more than we could ever imagine.

As you begin your journey of discovery, may you experience the catalytic power of the Holy Spirit in your learning and your ministry so that the world may know Him.

DARE TO  
DREAM



What if you were, for just a while, to step aside of your current reality to allow yourself to dream; to dream about what a meaningful and purposeful life for you would look like; about what a church community that was known in the neighbourhood as a bunch of people who were totally united in spite of their differences and deeply cared for one another and was devoted to serving them; about a church that was invested in the pursuit of mercy and justice in our society as outposts for God's Kingdom; about the church that Jesus dreamed of..."By this everyone will know that you are my disciples, if you love one another." (John 13:35)

Catalyst offers you an opportunity not just to dream, but to create under God's guidance. Regardless of your current personal circumstances, we're excited that God has led you to consider joining us for this spiritual adventure that is full of promise for you and your church.

This handbook is designed to give you an insight into the Catalyst road map. Please don't hesitate to make further contact with any query/question that is not addressed here and could assist in your decision making. We can't wait to see you at Catalyst as together we prayerfully look forward to what God will do for us.,

## WHAT IS CATALYST?

Catalyst represents three months that will change the trajectory of your life. We will step back with Jesus to the Jordan where he launched his public ministry and laid the foundations of our discipleship experience. This will be a transformative experience that will set you up to be a Jesus-centred, Spirit filled disciple-maker for the rest of your life.

## What To Expect

Catalyst begins with a week in the wilderness; a week of adventure in the outback for a fresh encounter with the God. You will rediscover yourself and embrace His Kingdom purpose and experience what genuine, purposeful and missional community looks like.

We will then regroup on Avondale University Campus for a tailored, crafted program packed with immersive experiences and exploratory learning, missional campus and community engagement, while you enjoy the unique Avondale University life.

Come and begin your discipleship journey and embrace the vision for a thriving Adventist disciple-making movement.

# THE VISION



# A Jesus-centred, Spirit-filled Missional Community.

## OUR LIFE

**Acts 2:42-47 (NIV)** <sup>42</sup> They **devoted** themselves to the apostles' **teaching** and to **fellowship**, to the **breaking of bread** and to **prayer**. <sup>43</sup> Everyone was **filled with awe** at the many **wonders and signs** performed by the apostles. <sup>44</sup> **All** the believers were **together** and had **everything in common**. <sup>45</sup> They **sold** property and possessions to give to **anyone who had need**. <sup>46</sup> **Every day** they continued to **meet together** in the temple courts. They **broke bread** in their homes and **ate together** with **glad and sincere hearts**, <sup>47</sup> **praising God** and **enjoying the favour of all the people**. **And the Lord added to their number daily those who were being saved**.

## OUR WAY

KINGDOM DISCIPLESHIP FOUNDATIONS



Great Controversy



Baptism



Reception of Holy Spirit



God's Pronouncement



Cornerstone  
It is Written x 3



Mission



Community with a Purpose

“As the Father sent me, so send I you.” John 20:21.

L O V E & U N I T Y

## OUR TRUTH

**John 13:35 (NIV)** <sup>35</sup> By this everyone will know that you are **my disciples**, if you **love one another**.”

**John 17: 20-22 (NIV)** <sup>20</sup> “My prayer is not for them alone. I pray also for those who will believe in me through their message, <sup>21</sup> **that all of them may be one**, Father, just as you are in me and I am in you. May they also be in us so that the **world may believe that you have sent me**. <sup>22</sup> I have given them the glory that you gave me, that **they may be one** as we are one—

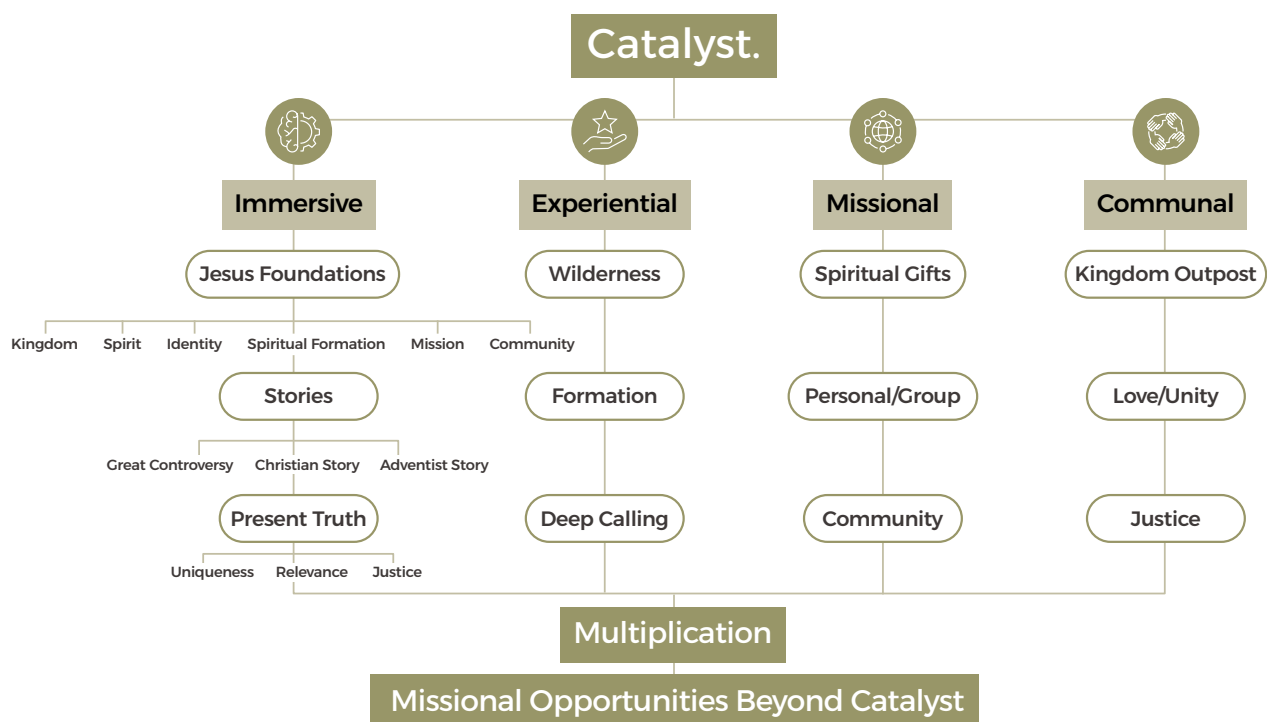
# A SNEAK PREVIEW



# The Building Blocks

The Catalyst Experience comprises four basic components:

1. **Immersive Teaching:** A group and self-discovery approach
2. **Experiential Learning:** From the head to the heart
3. **Missional Engagement:** Extending God's Kingdom on Campus and the Wider Community
4. **Living out Authentic Community:** A Safe Place to Enjoy and Grow



The Catalyst curriculum is grounded in the premise that the first thing that Jesus did as he began his public ministry was to rehearse our Discipleship experience – hence the theme *Rehearsal at the Jordan*.



The three months will an exploration and an integration of the foundations that Jesus has left us with: namely,

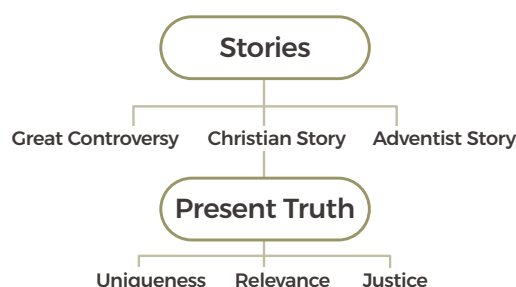
1. An invitation to the Kingdom of God.
2. Embracing the Kingdom of God and the new life as sons and daughters through water and Spirit.
3. Sustaining and growing the new life through the cornerstone of spiritual practices, grounded in the Word of God.
4. Cultivating the notion and experience that every disciple of Jesus is engaged in disciple-making as a way of life in terms of their Spiritual Giftedness.
5. Experiencing our Christian communities as outposts for the Kingdom of God in this world.
6. Showcasing the Kingdom of God in our world in generously sharing Hope and pursuing Justice and Mercy.

The Catalyst team is committed to providing an environment and experience that will be conducive to academic excellence and a deep transformative spiritual experience that will set participants up on a disciple-making journey. We will assist you in finding and embracing your place in ministry.

Catalyst will commence its maiden training voyage with you on Sunday 30 July to Sunday 12 November.

## The Big Picture

Catalyst will place its teachings and experiences in the context of broader story of salvation and a new appreciation of the unique contribution that our Church, the Seventh-day Adventist Church brings to our community and to the world:







# AN OVERVIEW

# Morning Worships

Morning worship is held every day of class and is a critical part of individual and class growth. Each participant will be invited to share their story in the light of a passage of Scripture.

# Reading Assignments & Reports

Relevant and purposeful reading assignments will be set for the purpose of reporting and concept integration in small groups.

# Daily Schedule

While the schedule varies from week to week, most weeks will follow the times outlined below.

	SUN	MON	TUE	WED	THU	FRI	SAT
7:30am – 8:30am	Sunday Brunch	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30am – 9:00am	Available at 7@ Avondale 9am – 2pm	Team Worship	Team Worship	Team Worship	Team Worship	Team Worship	Personal Time
9:00am – 12:00pm		Classes	Classes	Classes	Classes	Classes	Sabbath School
12:00pm – 1:00pm	Personal Time	Lunch	Lunch	Lunch	Lunch	Lunch	Worship Service
1:00pm – 4:00pm	Personal Time	Classes	Classes	Community Outreach	Community Outreach	Personal Time	Personal Time
5:00pm – 7:00pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
7:-00pm Onwards	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time

# A TEACHING OUTLINE



# Catalyst Curriculum

## BIBLICAL FOUNDATIONS

### The Scriptures

Our sole rule of faith and practice

### Dynamics of Salvation

Creation – Fall – Redemption – Glorification

### Jesus the Christ

The Central Figure – All Scriptures testify of Him

## CHRISTIAN HISTORY SURVEY

### The Grand Story

The Metanarrative – the Great Controversy

### The Christian Church Story

The Emergence and Development of the Christian

### Our Story

The Birth and Development of Adventism – its unique contribution to the Kingdom proclamation

## DISCIPLESHIP FOUNDATIONS—A BIBLICAL FRAMEWORK

### The Kingdom of God

The central motif of the New Testament – the Now and the Not Yet of salvation history

### The Holy Spirit

The Empowering, Transforming, Equipping and Abiding Presence of the Kingdom Life

### Personal Spirituality

“Until Christ is formed in you” – The indispensable work of Biblical spiritual practices

### The Disciple and Life Management

Living Well

## DISCIPLESHIP IN COMMUNITY

### Community/Church

The centre piece of Kingdom presence in the world

## DISCIPLESHIP AND MISSION

### The Missional Mindset

The Disciple – God’s plan A for Kingdom proclamation and demonstration

### Spiritual Giftedness

The Multifaceted nature of mission – Personal, Group and public evangelism

### The Jesus Principles

What Jesus taught us about disciple-making

### The Harvest Cycle Model

Prepare – Sow – Cultivate – Harvest – Multiply

### Church Planting

From an attractional model of Church to the adventure of a fresh start

## DISCIPLESHIP AND JUSTICE

### A Matter of Justice

The injustice and suffering in our world as opportunities for God’s love to be manifested

## DISCIPLESHIP AND THE WIDER CULTURE

### Mission in the 21st Century

The Gospel in the context of Hinduism, Islam, Buddhism and secular post-modernity

### Digital Discipleship

A Trust Shift from Traditional Authority to Digital Influencers

### Discipleship’s Ultimate Test

Love for one another & Unity within the Church, the body of Christ – John 13:35; John 20: 20, 21

# Program Overview

## TEACHING FOUNDATIONS

**HS:** Holy Scriptures

**M:** Metanarrative

**DT:** Discipleship Today

**CS:** Christian Story

**DMi:** Discipleship and Mission

**DLC:** Discipleship and the Local Church

**DF:** Discipleship Foundations

**CP:** Community with a Purpose

**DoS:** Discipleship and Our Story

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
Wilderness	Fri 28 July					
	Sat 29 July					
	Sun 30 Jul	Arrive in Sydney				
	Mon 31 July	Wilderness Experience – Bungonia				
	Tue 1 Aug	Wilderness Experience – Bungonia				
	Wed 2 Aug	Wilderness Experience – Bungonia				
	Thu 3 Aug	Wilderness Experience – Bungonia				
	Fri 4 Aug	Travel back to Avondale				
	Sat 5 Aug					
	Sun 6 Aug					
1	Mon 7 Aug		Orientation Session	Orientation Session	Free Afternoon	Free Afternoon
	Tues 8 Aug		Deep Calling Spiritual Retreat			
	Wed 9 Aug		Deep Calling Spiritual Retreat			
	Thu 10 Aug		<b>DLC: Deep Calling</b>	<b>DLC: Deep Calling</b>	<b>DLC: Deep Calling</b>	<b>DLC: Deep Calling</b>
	Fri 11 Aug		<b>DLC: Deep Calling</b>	<b>DLC: Deep Calling</b>	Free Afternoon	Free Afternoon
	Sat 12 Aug		Sabbath School	Church Service		

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
2	Sun 13 Aug					
	Mon 14 Aug		HS: Dynamics of Salvation	HS: Dynamics of Salvation	HS: Dynamics of Salvation	HS: Dynamics of Salvation
	Tue 15 Aug		HS: Jesus the Christ	HS: Jesus the Christ	HS: How We Got The Bible	HS: How We Got The Bible
	Wed 16 Aug		HS: Dynamics of Salvation	HS: Dynamics of Salvation	HS: Hermeneutics	HS: Hermeneutics
	Thu 17 Aug		HS: Jesus the Christ	HS: Jesus the Christ	HS: Approaching Scripture	HS: Approaching Scripture
	Fri 18 Aug		DLC: Biblical Spirituality	DLC: Biblical Spirituality	Free Afternoon	Free Afternoon
	Sat 19 Aug	Sabbath School	Church Service			
3	Sun 20 Aug					
	Mon 21 Aug		DF: The Jesus Principles	DF: The Jesus Principles	M: Great Controversy	M: Great Controversy
	Tue 22 Aug		DF: The Jesus Principles	DF: The Jesus Principles	M: Fall	M: Fall
	Wed 23 Aug		DF: The Jesus Principles	DF: The Jesus Principles	M: Redemption	M: Redemption
	Thu 24 Aug		DF: The Jesus Principles	DF: The Jesus Principles	M: Character of God	M: Character of God
	Fri 25 Aug		DF: Kingdom / Spirit	DF: Kingdom / Spirit	Free Afternoon	Free Afternoon
	Sat 26 Aug	Sabbath School	Church Service			
4	Sun 27 Aug					
	Mon 28 Aug		DMi: The Harvest Model	Festival of Faith	DMi: The Harvest Model	DMi: The Harvest Model
	Tue 29 Aug		DLC: SHAPE for Ministry	Festival of Faith	DLC: SHAPE for Ministry	DLC: SHAPE for Ministry
	Wed 30 Aug		DLC: SHAPE for Ministry	Festival of Faith	DLC: SHAPE for Ministry	DLC: SHAPE for Ministry
	Thu 31 Aug		DLC: SHAPE for Ministry	Festival of Faith	DLC: SHAPE for Ministry	DLC: SHAPE for Ministry
	Fri 1 Sep		DLC: Biblical Spirituality	Festival of Faith	Free Afternoon	Free Afternoon
	Sat 2 Sep	Sabbath School	Church Service			

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
5	Sun 3 Sep					
	Mon 4 Sep		DF: Kingdom / Spirit	DF: Kingdom / Spirit	M: Saviour will come	M: Saviour will come
	Tue 5 Sep		M: Saviour will come	M: Saviour will come	CT: Apologetics for Today	CT: Apologetics for Today
	Wed 6 Sep		M: Saviour has come	M: Saviour has come	Community Outreach	Community Outreach
	Thu 7 Sep		Community Outreach	Community Outreach	M: Saviour will come again	M: Saviour will come again
	Fri 8 Sep		CT: Sharing Your Story	DM: Appeals and Conviction	Free Afternoon	Free Afternoon
	Sat 9 Sep		Sabbath School	Church Service		
6	Sun 10 Sep					
	Mon 11 Sep		CS: Christian History	CS: Christian History	DM: Kingdom Outposts	DM: Kingdom Outposts
	Tue 12 Sep		CS: Christian History	CS: Christian History	CS: Christian History	CS: Christian History
	Wed 13 Sep		DM: Kingdom Outposts	DM: Kingdom Outposts	Community Outreach	Community Outreach
	Thu 14 Sep		Community Outreach	Community Outreach	DMi: World Religions	DMi: World Religions
	Fri 15 Sep		DLC: Biblical Spirituality	DLC: Biblical Spirituality	Free Afternoon	Free Afternoon
	Sat 16 Sep		Sabbath School	Church Service		
7	Sun 17 Sep					
	Mon 18 Sep		DD: Digital Evangelism	DD: Digital Evangelism	DLC: Leadership	DLC: Leadership
	Tue 19 Sep		DD: Digital Evangelism	DD: Digital Evangelism	DLC: Leadership	DLC: Leadership
	Wed 20 Sep		DD: Digital Evangelism	DD: Digital Evangelism	Community Outreach	Community Outreach
	Thu 21 Sep		Community Outreach	Community Outreach	DD: Digital Evangelism	DD: Digital Evangelism
	Fri 22 Sep		DD: Digital Evangelism	DD: Digital Evangelism	Free Afternoon	Free Afternoon
	Sat 23 Sep		Sabbath School	Church Service		

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
Mid Semester Break	Sun 24 Sep					
	Mon 25 Sep			Outreach Impact Week		
	Tue 26 Sep			Outreach Impact Week		
	Wed 27 Sep			Outreach Impact Week		
	Thu 28 Sep			Outreach Impact Week		
	Fri 29 Sep			Outreach Impact Week		
	Sat 30 Sep		Sabbath School	Church Service		
8	Sun 1 Oct					
	Mon 2 Oct	Labour Day Public Holiday – Classes Resume 3 Oct				
	Tue 3 Oct		CS: Adventist History	CS: Adventist History	CS: Adventist History	CS: Adventist History
	Wed 4 Oct		CS: Adventist History	CS: Adventist History	Community Outreach	Community Outreach
	Thu 5 Oct		Community Outreach	Community Outreach	CS: Adventist History	CS: Adventist History
	Fri 6 Oct		CS: Adventist History	CS: Adventist History	Free Afternoon	Free Afternoon
	Sat 7 Oct		Sabbath School	Church Service		
	Sun 8 Oct					
9	Mon 9 Oct		DMi: Justice and Sabbath	DMi: Justice and Sabbath	DMi: Justice and Mercy	DMi: Justice and Mercy
	Tue 10 Oct		DMi: Nature of Mission (GW)	DMi: Nature of Mission	DMi: Nature of Mission	DMi: Nature of Mission
	Wed 11 Oct		CP: Love and Unity	CP: Love and Unity	Community Outreach	Community Outreach
	Thu 12 Oct		Community Outreach	Community Outreach	CP: Love and Unity	DMi: Justice and Mercy
	Fri 13 Oct		DLC: Biblical Spirituality	DLC: Biblical Spirituality	Free Afternoon	Free Afternoon
	Sat 14 Oct		Sabbath School	Church Service		

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
10	Sun 15 Oct					
	Mon 16 Oct		Team activity TBD		CP: Romans	CP: Romans
	Tue 17 Oct		CT: World Views	CT: World Views	Community Outreach	Community Outreach
	Wed 18 Oct		CT: Consumerism	CT: Consumerism	DLC: Stewardship	DLC: Stewardship
	Thu 19 Oct		Community Outreach	Community Outreach	CP: Romans	CP: Romans
	Fri 20 Oct		DLC: Church Governance	DLC: Church Governance	Free Afternoon	Free Afternoon
	Sat 21 Oct		Sabbath School	Church Service		
11	Sun 22 Oct					
	Mon 23 Oct		DoS: Wholistic Living	DoS: Wholistic Living	DoS: Wholistic Living	DoS: Wholistic Living
	Tue 24 Oct		DLC: Missional Life	DLC: Missional Life	CP: Acts	CP: Acts
	Wed 25 Oct		CP: Acts	CP: Acts	Community Outreach	Community Outreach
	Thu 26 Oct		Community Outreach	Community Outreach	CP: Acts 29— What next?	CP: Acts 29— What next?
	Fri 27 Oct		CP: Acts 29— What next?	CP: Acts 29— What next?	Free Afternoon	Free Afternoon
	Sat 28 Oct		Sabbath School	Church Service		
12	Sun 29 Oct					
	Mon 30 Oct		DM: Church Multiplication	DM: Church Multiplication	DM: Church Multiplication	DM: Church Multiplication
	Tue 31 Oct		DM: Church Multiplication	DM: Church Multiplication	DM: Church Multiplication	DM: Church Multiplication
	Wed 1 Nov		DM: Church Multiplication	DM: Church Multiplication	Community Outreach	Community Outreach
	Thu 2 Nov		Community Outreach	Community Outreach	CP: Acts 29— What next?	CP: Acts 29— What next?
	Fri 3 Nov		CP: Acts 29— What next?	CP: Acts 29— What next?	Free Afternoon	Free Afternoon
	Sat 4 Nov					

Week	Date	Worship 8:30am – 8:55am	Class 9:00am – 10:30am	Class 10:30am – 12:00pm	Class 1:00pm – 2:30pm	Class 2:30pm – 4:00pm
13	Sun 5 Nov					
	Mon 6 Nov		M: Types & Symbols	M: Types & Symbols	CP: Acts 29— What next?	CP: Acts 29— What next?
	Tue 7 Nov		M: D'ship in Daniel & Revelation	M: D'ship in Daniel & Revelation	CP: Acts 29— What next?	CP: Acts 29— What next?
	Wed 8 Nov		M: D'ship in Daniel & Revelation	M: D'ship in Daniel & Revelation	CP: Acts 29— What next?	CP: Acts 29— What next?
	Thu 9 Nov		M: D'ship in Daniel & Revelation	M: D'ship in Daniel & Revelation	CP: Acts 29— What next?	CP: Acts 29— What next?
	Fri 10 Nov		M: D'ship in Daniel & Revelation	M: D'ship in Daniel & Revelation	Free Afternoon	Catalyst Agape Feast
	Sat 11 Nov		Sabbath School	Church Service		Catalyst Graduation Dinner
	Sun 12 Nov	Pack up day, home day				

# THE CATALYST TEAM



# Meet the Team

## CORE TEAM



Gilbert Cangy  
Program Leader



Morgan Vincent  
Program Coordinator



Christina Hawkins  
Development Associate



Trent Keegan  
Wilderness Experience Leader



Brad Townend  
Benefactor

## INTERNATIONAL GUESTS



Tara VinCross  
Senior Pastor, Azure Hills SDA  
Church, California



Daryl Gungadoo  
Director Adventist Review Media Lab,  
General Conference



## PRESENTERS



Alina Van Rensburg



Allan Walshe



Brendan Pratt



Christina Hawkins



Cristian Copăceanu



Danny Phillip



Darius & Edyta Jankiewicz



David Jones



Gary Webster



Geraldine Przybylko



Gervais Cangy



Gilbert Cangy



Glenn Townend



Grego Pillay



John Skrzypaszek





Mark Pearce



Morgan Vincent



Nick Kross



Nicu Dumbrava



Norm Hurlow



Peter Roennfeldt



Simon Gigliotti



Sven Östring



Victor Kulakov



Wayne Krause



Wendy Jackson

# CAMPUS ORIENTATION

## THE AVONDALE EXPERIENCE

The Avondale Experience is like no other. From staying in dormitories, to spiritual event on a weekly basis, to sports, to socials, to a supportive network that is truly amazing. This will provide Catalyst participants the opportunity to be part of the overall Avondale Experience.

Catalyst participants will love their mini-Avondale University experience. All Catalyst participants will get to experience a special Festival of Faith week, Friday night SALT vesper programs, Sabbath church services at Avondale University Church, and special gospel concerts and Avondale conservatorium events.

Socials are regularly organised for dorm residents including musical variety nights, sports, games nights, movie nights. Living with Avondale University students from across Australia, New Zealand, and the Pacific will be the Catalyst highlight with many opportunities to make new friends.



Avondale has the following facilities on campus: swimming pool, gym, library, indoor basketball courts, squash courts, outdoor tennis courts, cricket, and football ovals, running and walking tracks, bird watching walks. Avondale University is surrounded by a 300-acre working farm with goats, cattle and vegetable gardens.

There are student facilities such as table tennis, billiard tables, common rooms, student lounges, postal services, stationary shop. There is campus Wi-Fi and a technology support desk for all students and guests.

## What to bring

- If you play an instrument (guitar, strings, wind etc.), bring it to join in the musical scene.
- Bedding for dorm room—pillow, doona, sheet set (mattress supplied)
- Towels (shower and beach towels)
- Warm outdoor clothes for camping like warm jacket, merino layers etc.
- Church clothes—winter and summer
- Summer clothes
- Winter clothes
- Swimmers
- Toiletries
- Medication (Chemist and General Practice (doctors) within 700 metres walk)

**NOTE:** Catalyst participants will have access to local Op Shops from Week 4 onwards to purchase additional clothing that may be required.

Catalyst participants may want to join one of the many student sporting competitions. There are competitions in Basketball, Soccer, Laser Tag, football etc. All the competitions last for the semester and cost \$120 per competition. These costs are personal preference and not included in the Catalyst fees. Avondale is sending a team to Uni Games and there is a major Adventist Schools Basketball competition happening in the mid semester break with Adventist Schools and groups attending from across Australia.





## WHERE WILL CATALYST PARTICIPANTS BE STAYING?

Shared twin rooms provide the lowest cost accommodation for Catalyst participants. These shared rooms with access to shared bathrooms will be in Andre Hall for the women, and Watson Hall for the men.

Catalyst participants will have the option of choosing to pay \$50 more per week to access a single room if they prefer. Women can access a single room in Ella Boyd Hall and men can access a single room in Watson Hall.

**(NOTE: If single rooms are chosen, the cost for Catalyst participation will be higher than the quoted \$4,950)**



All Catalyst participants need to book their room and pay their room deposit by registering and applying for accommodation by following these steps here:

1. Create a personal profile at this link  
<https://avondale.starrezhousing.com/StarRezPortalX/5A3899EE/1/1/Home-Home?UrlToken=38784DC2>
2. Apply for a room for 2nd Semester 2023 with a move in date of Friday 4th August until Sunday 12th November 2023. Select "other" as the "student type" and type in the name of the other program as "Catalyst".

3. Wait to be allocated a room by the portal.
4. Once you receive confirmation of an allocated room, pay a room deposit of 4 weeks room rent.
5. When you arrive at Avondale University and check in, you will be supplied with an electronic room access card that is also your Catalyst participant ID card. This card will be used to open your room door as well as record your meals eaten and access to the library services.

## WHERE THE CLASS WILL MEET?

All classes will be held in the Catalyst classroom (situated in what was the Nursing Building at Avondale University). This renovated and refurbished classroom will provide a space for interactive and dynamic learning.

## PARTICIPANT ID CARD

All participants require a Student Identification Card (ID card). ID cards are used for identification, building access, photocopying and printing, accommodation and parking (if applicable), and transactions such as borrowing books from Avondale libraries. Your ID card is current for the duration of your time as a Catalyst participant.

*(NOTE: If you already have an ID card, you may not require a new card. Email Reception to confirm before applying for a new card — [reception@avondale.edu.au](mailto:reception@avondale.edu.au).)*

All Catalyst participants are eligible for a student ID card. Please check that all of your personal details are correct prior to your card being issued. There is a \$20 fee to replace lost or damaged cards. For further information regarding ID cards please see the Avondale website.

## CODE OF CONDUCT

Avondale University's Student General Conduct and Discipline Policy encourages and supports active and positive participation in the life of the institution. Avondale expects positive interaction for the Avondale student community in social justice, principles of freedom, respect, equity and consideration.

## PARTICIPANT CONDUCT

Just as Avondale University has a responsibility to meet expectations of participants, legislation, and regulations, so too, do participants have obligations they are expected to meet. It is expected that participants will take part with commitment in their studies, regularly submit assessment items, and behave in a manner that does not contravene workplace health and safety or the principle of respect for others.

Avondale University views participant misconduct seriously. We expect that participants will behave in an honest, respectful manner appropriate for a learning environment, and in a way that will uphold the integrity of Avondale. Consequences of participant misconduct vary up to and including expulsion from the course. Examples of participant misconduct include, but are not limited to:

- Harassment, bullying and/or discrimination
- Falsifying information
- Any behaviour or act that is against the law
- Any behaviour that endangers the health, safety and wellbeing of others
- Intentionally damaging equipment and/or materials belonging to Avondale University and/or a partner organisation such as a school or workplace

Consequences for misconduct will depend on the severity and frequency of the breach and include, but are not limited to:

- Formal reprimand (warning)
- Participant to reimburse the costs incurred by any damage caused
- Matter referred to the police

Participants found guilty of misconduct have a right to lodge an appeal by following our [Appeals Procedure \(Academic\)](#) or the [Student General Conduct and Discipline](#) policy.

## YOUR WELLBEING

Your wellbeing is important to Avondale as you study with us. Avondale has a number of support options available to all participants.

### Access and Equity

Avondale University fosters an inclusive learning culture and makes provision for participants who need academic and personal assistance (including indigenous, disability, welfare, finance and language support) at Lake Macquarie and Sydney campuses. We work to meet the needs of the community and individuals and/or groups who might be otherwise disadvantaged. This includes providing fair allocation of resources and equal opportunity to access training services. Avondale University prohibits discrimination based on factors including:

- Gender
- Age
- Marital status
- Sexual orientation
- Race
- Ethnicity
- Religious background
- Parental status

## SMOKING, DRUGS AND ALCOHOL

Avondale University provides a smoke, illegal drugs and alcohol-free learning environment. Smoking and alcohol are not permitted on any campus.

Any participant under the influence of drugs and/or alcohol is not permitted on Avondale University premises, to use Avondale University facilities or equipment, or to engage in any Avondale University activity.

People taking prescription medication have a duty to ensure their own safety, and that of others, is not affected.

## 7 @ AVONDALE

In early 2023, the Avondale University cafeteria was fully refurbished with a whole new approach to provide fresh vegetarian meals for University students and guests on campus. The food is generous, fresh, seasonal, with many plant-based (vegan) and gluten free options. Meals will be a highlight of the Catalyst program where Catalyst participants join with the entire Avondale University student and staff to enjoy meal times, social time and the atmosphere of the refurbished restaurant and café. The restaurant is also frequented by NNSW Conference staff, NNSW Schools Company staff, Sanitarium Development and Innovation staff and Avondale University Church members and local Lake Macquarie residents.



*Sushi Bowls from 7 @Avondale*

Catalyst participants will be paying a large portion of their Catalyst fees to buy meals during the 14-week program. (**NOTE:** if Catalyst participants choose to purchase additional snacks, drinks than the standard meal packages, the food costs will exceed what has been quoted.) The quoted fees will pay for 3 generous daily meals with water to drink. Additional purchases of beverages, snacks between meals, etc., will be at the personal additional costs of participants.

Catalyst participants will be paying for their meals and accommodation directly to the Student Services office and through the Rez Portal <https://avondale.starrezhousing.com/StarRezPortalX/5A3899EE/1/1/Home-Home?UrlToken=38784DC2> Catalyst participants will be accessing meals at student prices.

Catalyst participants will be able to pay their food and accommodation costs for the 14-week Catalyst program via the Avondale Rez Portal which enables payments to be made weekly, fortnightly, or monthly.

## HEALTH/MEDICAL CONDITIONS

All Catalyst participants staying in the Avondale University dormitories will be required to declare medical conditions as part of the application for accommodation.

Local Healthcare services within walking distance of Avondale University:

### **Waratah Medical Services Cooranbong**

(02) 4978 1100

[waratahmedicalsolutions.com/cooranbong-practice](http://waratahmedicalsolutions.com/cooranbong-practice)

(NOTE: private practice, no bulk billing)

### **Cooranbong Pharmacy and Compounding**

(02) 4977 1757

[www.cooranbongpharmacy.com](http://www.cooranbongpharmacy.com)

### **Watagan Dental**

(02) 4977 1222

[www.watagandental.com.au](http://www.watagandental.com.au)

### **Mark Pratt Podiatry**

(02) 4973 4135





## PARTNERSHIP WITH WYEE AND NEWCASTLE UNIVERSITY CHURCHES

Catalyst participants will be partnering with Wyee SDA Church & Community Hub and Newcastle University Church plant for missional service. Each week we will be involved in missional activities through these two cutting edge ministries, providing a diverse range of experiences and hands on learning for Catalyst participants.

Wyee has a dedicated team of volunteers who are doing wonderful things to support the Lake Macquarie community and beyond. Each Thursday they are involved with providing one of the best food pantry services in Lake Macquarie. Over 100 food hampers are packed each week, along with clothing and shoes at discounted prices. More than 50 volunteers support this with half representing the local community. We will be involved in running this food pantry, having conversations with those who come along, and learning what it looks like to have a centre of influence that is both scalable and replicable. Wyee also offer “Doing Life Together” which is a program aimed at mental health, counselling, training, and wellbeing.

Newcastle University Church is a multiplying church plant located on the campus of Newcastle University.

They are one of the fastest growing churches in Australia as they minister to local, national, and international students. In following Jesus’ methods, this will be a truly exciting experience where we will attend their weekly CARE groups, help facilitate Bible studies, make connections with students, and participate in on campus university ministry.

## INTERNATIONAL PARTICIPANTS

All international Catalyst participants from any country of the world will receive assistance for the process of the appropriate visa to attend Catalyst at Avondale University.

All visa applications for Catalyst participants will be processed by Rose Miranda from the South Pacific Division. All visa enquiries can be directed to [RoseMiranda@adventist.org.au](mailto:RoseMiranda@adventist.org.au) Rose is the Mission Service and Support Coordinator. Her phone number is +61 2 9847 3278. 148 Fox Valley Road, Wahroonga NSW 2076, Australia.

International participants will be required to buy **travel insurance** and **private health insurance** for the 14 weeks while in Australia. Both of these insurance products can be purchased through Rose Miranda at the South Pacific Division. Estimates for the costs of these can be provided by Rose Miranda on request.

# THE WILDERNESS EXPERIENCE



Bungonia National Park • Source: <https://pioneerwalks.com.au/walk/mt-ayre-white-track/>

# Bungonia National Park

The Bungonia National Park is a protected space located in the southern part of Sydney. One of the main features comprises an outdoor adventure playground offering caving, canyoning, rock climbing, abseiling, and hiking with impressive views. These carefully selected, organised and supervised activities in the Australian environment will provide an ideal environment for getting acquainted with each other, develop trust and build team spirit. The unique environment will create the basis of cultural exchanges in reference to the unique and rich features of our respective countries of origin. Above all, we will have the opportunity to identify with the experience of Jesus in the Wilderness as he began his ministry and how he was laying down the foundations of our discipleship journey.

## Wilderness Experience Checklist

### SHELTER AND BEDDING

- ☒ Tent *will be provided*
- ☒ Sleeping mats, air mattress *will be provided*
- ☐ Blanket, comforter, or sleeping bag
- ☐ Pillows

### COOKING AND DINING

- ☐ Paper plates and bowls, plastic ware
- ☐ Folding chairs

### FOOD

- ☒ Main Meals *will be provided*
- ☐ Preferred hot drink options
- ☐ Preferred snack options

### CLOTHING AND LAUNDRY

- ☐ T-shirts
- ☐ Shorts, trousers
- ☐ Boots, shoes

- ☐ Socks
- ☐ Hat, cap
- ☐ Sweater, jacket
- ☐ Neck gaiter/buff, scarf
- ☐ Underwear
- ☐ Swimsuit (optional)
- ☐ Towels, wash cloths
- ☐ Laundry bags

### FIRST AID & HYGIENE

- ☒ Group General First Aid *will be provided*
- ☐ Medication, prescriptions
- ☐ Personal aspirin, ibuprofen
- ☐ Antibiotic wipes, hygiene wipes
- ☐ Sunscreen, sunburn lotion or ointment
- ☐ Bug spray
- ☐ Bar of soap, personal body wash
- ☐ Shampoo, conditioner

# RESOURCES



## RESOURCES PROVIDED:

### 1. Deep Calling

- The Deep Calling Kit

### 2. Jesus' Principles & Method: Cultivating Multiplying Kingdom Movements

- Messiah
- Following Jesus
- If You Can Eat, You Can Make Disciples
- Discipleship Workbooks
- Discipleship Bookmarks

### 3. SDA History

- A Brief History of Seventh-day Adventists — George Knight
- Steps to Christ — Ellen G White

## RECOMMENDED READING:

- I Will Go (<https://safeliz.com/gb/books/6332-i-will-go-pu-9788472087965.html>)
- The Sonship of Christ — Ty Gibson (<https://safeliz.com/gb/books/6019-the-sonship-of-christ-0060191.html>)
- The Great Omission — Dallas Willard
- Transforming Discipleship — Greg Ogden
- Dissident Discipleship — David Augsburger
- Simply Jesus: A New Vision of Who Jesus was, What he did and Why He matters. — N.T. Wright

## BRING YOUR OWN:






- **Bible**—the Bible you are happy to mark and write notes in (*the Local Adventist Book Centre sells many great Bibles*)
- **Journal / Notepad** (*there is a University stationary store on site*)
- **Pens / Pencil**

# CONTACT US






# Catalyst.


-  Centre 4 Discipleship, based at Avondale University, Lake Macquarie Campus
-  582 Freemans Drive, Cooranbong, NSW 2265, Australia
-  CatalystDiscipleshipAdventure
-  catalyst\_c4d
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Seventh-day  
Adventist Church

*South Pacific*



[catalyst.c4d.au](http://catalyst.c4d.au)